

ANNUAL DONATIONS

2024

Inspiration
— FOR —
Philanthropy

THE DANISH NATIONAL
ASSOCIATION FOR EATING
DISORDERS AND SELF-HARM:

Empowering Body Positivity

➔ PAGE 18



GIRLTALK:
A Data-Driven Approach
to Mental Health

➔ PAGE 28

JUST HUMAN:
Reclaiming Play Time
with Just Play

➔ PAGE 6

HEADSPACE FAMILY:
Supporting the Supporters

➔ PAGE 28

SAGITTA
CHARITY FOUNDATION



Content

THE WELFARE OF CHILDREN AND YOUNG ADULTS

- 4** **GirlTalk**
- 6** Joannahuset
- 8** Just Play (Just Human)
- 10** The Danish National Association
for Eating Disorders and Self-Harm
- 12** Mentorbarn
- 14** TUBA
- 16** **headspace Family**
- 18** headspace Ukraine
- 20** BROEN Danmark
- 22** **High5Girls**
- 24** Dansk Folkehjælp
- 24** Mødrehjælpen
- 24** Christmas spirit
- 25** The Danish Children's Brain
Cancer Foundation (BHCF)
- 25** Next Generation Philanthropy



HEALTH PROMOTION AND DISEASE PREVENTION

- 26** Male Infertility
- 27** KISO



*We believe that
with **ability** comes
obligation.*

TEXT AND PHOTOS

Sagitta Charity Foundation,
Harbour Family Governance and
the featured organisations
Cover photo: Jens Rosenfeldt

DESIGN

Mattias Wohlert

CONTACT

For more information, please visit
[sagitta-investments.com/
sagitta-charity-foundation](https://sagitta-investments.com/sagitta-charity-foundation)

Or contact us at:
application@sagittacharityfoundation.com

Printed December 2024

Introduction

Sagitta Charity Foundation is the philanthropic arm of Sagitta Investments. Sagitta Charity Foundation is driven by a desire to create real, measurable and long-term positive changes via strategically selected organisations that are important to the family and to society in general.

Focus areas

We support organisations within three focus areas:



The welfare of children and young adults

Organisations, initiatives and research that find innovative and measurable ways to make a difference to the mental and physical wellbeing of children and young people, primarily in Denmark.



Health promotion and disease prevention

Organisations, initiatives and research that work to promote good physical and mental health, and to prevent diseases both in Denmark and at a global level.



Disaster relief

Rapid relief in the event of natural disasters, accidents, war and other acute situations in which human life and social order are placed under strain.

Read through the following pages to learn more about the organisations we support. We hope you will appreciate the value of their work and their passion for making a difference.

Best regards,
Sagitta Charity Foundation



GIRLTALK ♥ DK

Using Data to Tackle the Mental Health Crisis Among Young Girls

‘I wouldn’t have been able to keep my head above water if it weren’t for GirlTalk. I probably wouldn’t be alive today...’

A study by the National Institute of Public Health published in 2023 (Danskernes Sundhed 2023) shows that one in three young women aged 16–24 have poor mental health, including

feelings of stress, anxiety and depression. But why, exactly, are so many young girls experiencing these challenges?

Sparkling Essential Conversations

Our support has allowed GirlTalk to accelerate its data collection and analysis work in this



The donation from Sagitta has given us the opportunity to further develop and structure our data and efforts

Anna Bjerre, founder of GirlTalk



Donation from Sagitta Charity Foundation:

A total of DKK 1.5M to be paid out in three instalments over the course of three years, starting in 2023.

area. ‘The donation from Sagitta has given us the opportunity to further develop and **structure our data** and efforts,’ says Anna Bjerre, founder of GirlTalk. ‘It represents an investment into new ways of working, and this will allow us to create even better solutions for young girls and to speak with a louder voice in the public conversation on youth well-being.’

The data collected will help start essential conversations and guide politicians, health officials, NGOs, and GirlTalk counsellors on how to **improve mental health** in children and young adults. The partnership with Sagitta is not just about funding; it’s about collaboration, joint efforts, and a shared commitment to making a real difference for young women. •



GIRLTALK

GirlTalk is an organisation dedicated to preventing mental-health issues among girls and young women by offering a chat helpline and support groups.

GirlTalk chat receives over 8,500 enquiries annually, while the hotline provides 7,500 counselling sessions—but many more girls can’t get through. This highlights the crucial role GirlTalk plays and the need to support their work.

For more information, collaborations or to donate, please contact:

ANNA BJERRE
ANNA@GIRLTALK.DK
WWW.GIRLTALK.DK



JOANNAHUSET

Joannahuset, Denmark's first crisis centre for children and young people, receives approximately one new child every other day. This means they help, host, counsel and care for around 180–200 children and young people annually.

For more information, collaborations or to donate, please contact:

JETTE WILHELMSEN
JETTE@JOANNAHUSET.DK
JOANNAHUSET.DK
UNDERRETNINGER.DK





This means a better level of communication between children and the authorities, and it allows the needs of children and young people to be voiced clearly.

Jette Wilhelmsen, Founder of Joannahuset



Helping Children Report Their Situations in Alternative Ways

When a child or a young adult is in a difficult situation at home and needs help, the authorities need to be notified so that they can step in. Today, these notification reports are mostly written by adults for adults following a specific, written format. Dealing with and housing children and young adults in critical moments has given Joannahuset first-hand knowledge of just how important it is for children and young people to be **active participants** in their own lives, and it has worked to give them a voice in their case processing.

Joannahuset, in collaboration with children and young people, has developed alternative reporting forms that are more accessible, and which take the form of diary entries, poems, videos, timelines, letters, etc. In short, formats that are natural to this age group.

A Change in Perception

An important part of the project is to create opportunities for children to submit reports based on the experiences of other children and young people. Children often feel more comfortable confiding in other children than in adults, and so it is crucial that these kinds of reports are **accepted** by municipalities as legitimate notification reports and not merely as inquiries.

When children and young people themselves are involved in articulating their life situation, needs, and desires for change, this helps to give them a **stronger voice** in the case processing that follows.

‘The support we have received from Sagitta Charity Foundation has allowed us to hire a dedicated team member to improve the quality of the reports we create together with the children,’ says Jette Wilhelmsen, Founder of Joannahuset. ‘This means a better level of communication between children and the authorities, and it allows the needs of children and young people to be voiced clearly.’ ●



Donation from Sagitta Charity Foundation:

A total of DKK 1.8M to be paid out in three instalments over the course of three years, starting in 2023.



JUST PLAY

Just Play is an initiative by Just Human, a Danish NGO founded in 2015. The organisation aims to improve the mental, social, and physical well-being of children, young people and their role models. Just Human addresses the challenges posed by modern society, such as increased levels of stress, physical inactivity and social isolation through various initiatives and projects, such as Just Play.

For more information, collaborations or to donate, please contact:

IDA ENGHAVE
IE@JUSTHUMAN.DK
WWW.JUSTHUMAN.DK

The logo for Just Play, featuring the word "JUST" in black and "PLAY" in a colorful, stylized font, all enclosed within a light blue circular border.

JUST PLAY





The donation has helped create environments that support mental well-being, and which foster creativity, independence and social skills.

Eva Molin, Programme Leader, Just Human



Reclaiming Play Time with the Just Play Initiative

In the magic of free play, imagination comes alive, and anything feels possible. Children can create their own worlds, filled with wonder and possibility. When children **play freely**, away from the watchful eyes of adults, they discover how to solve problems, explore their passions, and grow into their independence. They experience both laughter and tears, with each moment helping to shape their understanding of who they are and who they can become.

Today, digital and social media have completely revolutionised childhood, occupying a great deal of our children's time and headspace. Unsupervised, outdoor playing is becoming more and more rare as a result. This is a shame, because **free play is a gateway** to making friends, practising democratic skills and combatting loneliness and isolation among young children in a world that is increasingly micro-managed by adults.



Donation from Sagitta Charity Foundation:

A total of DKK 1.5M to be paid out in three instalments over the course of three years, starting in 2023.

Inspiring Parents and Communities

The Just Play project aims to create a new play culture and promote free, physical and social play in the lives of children in Denmark. The target group is children aged 6–10, and the project encompasses an **awareness campaign** about the benefits of free play, the creation of networks and inspirational materials for parents, educational programmes for schools, and the recruitment of so-called play-starters.

‘The donation has allowed us to launch an initiative that **inspires** parents and communities to give children more freedom and time to play,’ says Eva Molin, Programme Leader at Just Human. ‘It has helped create environments that support mental well-being, and which foster creativity, independence and social skills.’

So far, 100 people have participated in online sessions, and 12 active play-starters have begun creating local play communities. Over 310 educators have also signed up to use school materials for the facilitation of free play.

Our partnership will help launch the Just Play project and support its activities for three years. ●



Empowering Body Positivity

Are you happy with your body? Only 48.8% of girls in year six report that they are.

The pressure to look a certain way is affecting young people more than ever. Sagitta Charity Foundation is supporting two initiatives through the Danish National Association for Eating Disorders and Self-Harm to promote body positivity and the early prevention of eating disorders.

The Spejlven (Mirror Friend) project targets year four to six students all across Denmark, **promoting body diversity** and fostering a positive attitude towards activities such as showering after PE. Through the support of Sagitta Charity Foundation, 540 students have participated in activities under the Mirror Friend initiative. Over the course of the last year, the foundation's support has also allowed the project to reach and educate 300 parents and 150 professionals, helping to build a broader, more supportive community.

A Preventive Approach to Eating Disorders

The Body Project has been implemented in over 100 countries so far, and it is now starting its first pilot group in Denmark. The programme

targets young girls and women in the very early stages of developing eating disorders, offering a supportive group setting to **counter harmful societal pressures** and build healthier self-images. In 2025, the aim is to further develop and evaluate the initiative with the end goal of getting public funding for the initiative in 2027.

Private donations play an important role in the organisation's ability to pilot new projects and develop innovative concepts. 'Our partnership with Sagitta Charity Foundation has allowed us to develop new programmes and scale up our existing efforts. The foundation's willingness to make quick decisions, work closely with us, and place its trust in our mission has been both empowering and motivating for our team,' says Laila Walther, Director of the Danish National Association for Eating Disorders and Self-Harm. •



Donation from Sagitta Charity Foundation:

A total of DKK 4.0M to be paid out in three instalments over the course of three years, starting in 2023



The foundation's willingness to make quick decisions, work closely with us, and place its trust in our mission has been both empowering and motivating for our team

Laila Walther, Director of the Danish National Association for Eating Disorders and Self-Harm



THE DANISH NATIONAL ASSOCIATION FOR EATING DISORDERS AND SELF-HARM

This organisation is dedicated to supporting individuals struggling with eating disorders and self-harm. They provide resources and counselling, and they run awareness campaigns aimed at improving mental health and promoting recovery across the country.

For more information, collaborations or to donate, please contact:

LAILA WALTHER
LW@SPISEFORSTYRRELSE.DK
SPISEFORSTYRRELSE.DK



Matching Loving Friendship Families with Vulnerable Children

Children and young people in care or vulnerable homes often lack consistent support and guidance in their lives. Stable role models and secure relationships can provide them with a sense of safety, belonging and trust. These connections help build their confidence, teach them important life skills and offer emotional support during challenging times. Having reliable and caring adults in their lives can also inspire hope and motivation, encouraging them to envision and work towards a brighter future.

Finding Family in an Unexpected Place

“At 26, she had endured more than most – growing up in a turbulent environment marked by trauma and hardship. Living in a residential home for young people, her greatest wish was simple yet profound: to find a family.

Through the matching programme, she was introduced to a single mother with two daughters, aged 18 and 25. Right from the start, the connection between them felt natural. Over time, she became a part of their lives, sharing



The fact that the funding comes from a private organisation is important. It allows us to speak directly with donors and establish a closer relationship.

Ditte Reedtz, Founder of Mentorbarn

meals, conversations and laughter together. One special tradition stands out: a weekly horror-movie night with the mother, born from their mutual love of the genre.

For her, this match is about more than companionship – it’s about belonging. As she puts it: **“It feels unfamiliar to be chosen.”**

Since 2015, Mentorbarn has been matching vulnerable children with volunteer friendship families across Denmark. In 2024 alone, they plan to match around 200 children. These children often face difficult circumstances. Many are in the care system or live with parents who are struggling with issues such as addiction or neglect. Mentorbarn aims to provide these children with a stable environment and reliable support from adults and families who are able and willing to offer care and guidance to a child or young adult in need.

The matching process is thorough, ensuring that these children do not experience further abandonment. Mentorbarn takes the necessary time and measures to create lasting, meaningful matches that can have a positive impact on a child’s life.

Changing Lives Through Lasting Matches

The donation from Sagitta Charity Foundation has enabled Mentorbarn to match 20 children with friendship families. These matches provide



MENTORBARN

Mentorbarn connects vulnerable children with volunteer friendship families across Denmark. Their goal is to provide stability and support, and to offer children a positive family experience.

For more information, collaborations or to donate, please contact:

DITTE REEDTZ
DITTE@MENTORBARN.DK
MENTORBARN.DK

stability and support, giving children a chance to experience a more positive form of family life. The friendship families often encourage the child or young adult to continue with their education and build good lives for themselves.

The donation has also allowed Mentorbarn to hire a full-time staff member to manage relations with municipalities and other NGOs. This role is crucial in enabling Mentorbarn to expand its capacity and to meet the growing demand for their support.

Ditte Reedtz, Founder of Mentorbarn, emphasises: ‘There is no doubt that this has made a huge difference for the children and young people we have matched. Without this support, they would not have had the opportunity to be matched with a friendship family.’ She adds: ‘The fact that the funding comes from a private organisation is important. It allows us to speak directly with donors and establish a closer relationship, so that we can in turn share the real stories behind each match and the impact it has. This connection and personal touch are incredibly rewarding.’ ●



Donation from Sagitta Charity Foundation:

A total of DKK 2.8M to be paid out in three instalments over the course of three years, starting in 2023



Creating a Knowledge Portal for Children Affected by Substance Abuse

The children of parents with substance-abuse problems face challenges that impact every aspect of their lives. Often, they have nowhere to turn, especially given that support systems are limited and there are long waiting lists for one-to-one counselling. TUBA's mission is to be there for these children. TUBA aims to support at least **3,000 young people** annually, with approximately **1,500 individuals** currently on the waiting list. This highlights the critical need for TUBA's services and the impact they have on young lives.

To address the gap between children and young adults in need and the level of resources available, TUBA is launching a digital knowledge portal which will offer practical help to young people with parents who struggle with addiction. This portal will expand upon TUBA's existing support efforts, providing access to videos recorded by therapists, podcasts, learning materials and guides for self-reflection.

These resources will be available to anyone who is in need of support, regardless of whether they are ready for formal therapy. 'It is essential that we receive support for our development work if TUBA is to provide the right help to our target group,' says Alf Qvistgaard, TUBA's Project Lead. 'It helps us **support young people** before, during and after therapy, as well as those individuals who might not yet realise the challenges they face. Without the support

from Sagitta Charity Foundation for this digital project, it would not be possible for us to create a platform that could make a life-changing difference. We aim to reach at least 3,000 young people annually – especially those on waiting lists or who are hesitant to speak out.'

The goal is simple – to give young people the tools they need to navigate their lives, reduce harm from delayed support and help them build positive futures.

Of the young people who reached out in 2022, it is evident that:

- **12%** have attempted suicide.
- **26%** have been subjected to sexual abuse.
- **45%** report experiencing physical violence at home.
- **48%** have never talked to anyone about their parents' substance misuse problems.
- **64%** report experiencing psychological violence at home.

What the Data Reveals

- **96%** report that after completing therapy at TUBA, they received the help they needed.
- **92%** say they have become better at managing their problems.
- **91%** have felt better about themselves.
- **71%** feel better equipped for work, school, and education. •



Without the support from Sagitta Charity Foundation for this digital project, it would not be possible for us to create a platform that could make a life-changing difference.

Alf Qvistgaard, Project Lead, TUBA

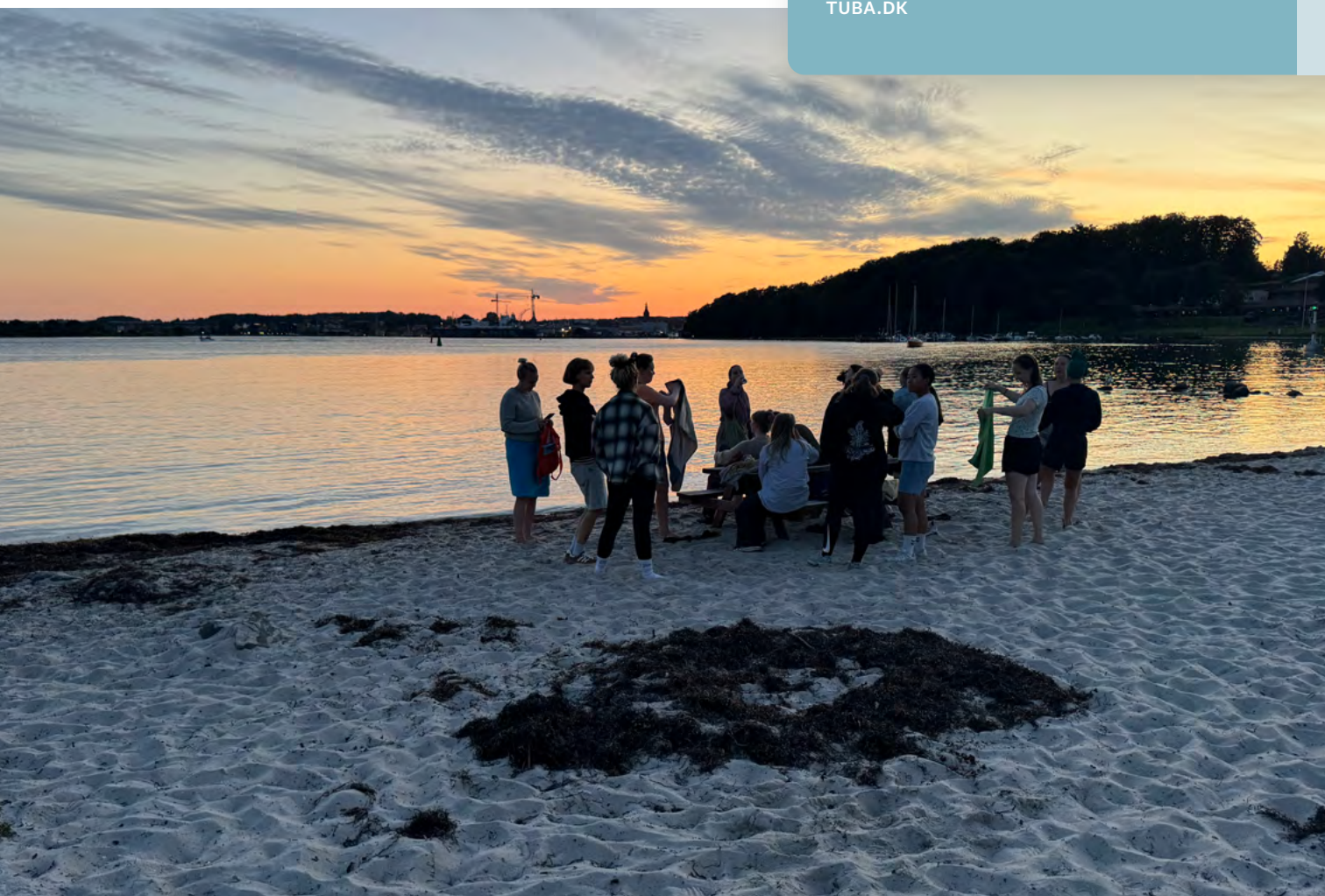


TUBA

TUBA is an organisation that offers counselling and support to young people who live in families with alcohol or substance abuse problems. Their mission is to help these young individuals to navigate their challenges, to promote healing and to empower them to build a better future.

For more information, collaborations or to donate, please contact:

KÅRE SKARSHOLM
KSK@TUBA.DK
TUBA.DK



Donation from Sagitta Charity Foundation:
DKK 600,000 in 2023.



HEADSPACE FAMILY

headspace Family provides counseling and support for the families of young people who are struggling with mental-health challenges. Their goal is to create a safe space for open dialogue, helping families support relatives who are going through a tough time.

For more information, collaborations or to donate, please contact:

TINE BROOMÉ
TB@HEADSPACE.DK
HEADSPACE.DK/HEADSPACE-FAMILY





*It's people helping people,
driven by empathy and good-
ness, without bureaucracy.
That makes all the difference.*

Tine Broomé, Project Leader, headspace Family

How can we support our children when the world feels chaotic?

When a young person struggles with their mental health, it's not just the person struggling who is affected – their whole family will feel the reverberations. Parents are often left feeling powerless as they wonder: How can I possibly help my child, when I feel confused myself? This is a situation that requires something from all of us. With the right tools and support, families can act as the stable foundation that helps young people get through tough times.

headspace Family offers free counselling to help. In September 2024, with the support of Sagitta Charity Foundation, five new centres were opened across Denmark to provide safe spaces for both one-to-one and family conversations. There are no waiting lists and no paperwork – **just support**. In the first six weeks alone after the centres opened, headspace Family held as many conversations with fami-

lies as they had anticipated for the entire first four months after opening. This shows that the headspace Family initiative is both necessary and urgent.

‘Parents often feel alone with their worries,’ says Poul Nyrup Rasmussen, founder of headspace Denmark and former Prime Minister of the country. ‘We want to empower them to help their children. For the young to thrive, their environment needs to work.’

No Waiting Lists

To reach even more families, headspace is building an online knowledge portal with a new chat function. This platform will host **articles**, **tools** and **real stories** from others who have been through this kind of struggle. It is there for families who need help but may not know where to start. The goal is simple – to offer guidance before problems turn into crises, and to ensure every young person can receive the support they deserve.

Private donations are vital. ‘It means so much to receive support from a private organisation,’ says Tine Broomé, Project Leader at headspace Family. ‘It's people helping people, driven by empathy and goodness, without bureaucracy. That makes all the difference.’ ●



Donation from Sagitta Charity Foundation:

DKK 500,000 in 2023. In 2024, an additional DKK 500,000 was donated to develop the knowledge portal, and a further DKK 200,000 has also been donated to develop the chat function in order to enable quick and helpful communication and to provide guidance to families.



Supporting Youth Mental Health in Ukraine: headspace Expands Its Reach

Sagitta Charity Foundation also supports another headspace initiative – this time in Ukraine. With a focus on youth mental health, headspace is expanding its model to provide support for children and teenagers facing challenges related to war and displacement.

Since October 2024, headspace has been collaborating with local NGOs and the Ukrainian authorities to establish support centres in Kyiv, Mykolajiv and Kropyvnytskyi. These centres, inspired by the headspace model in Denmark, aim to provide **accessible mental health support**. The goal is to create safe spaces where young people can talk openly and get help with the realities of war.

Empowering Young Ukrainians

Endorsed by Ukraine's First Lady Olena Zelenska, this project is part of the All-Ukrainian Mental Health programme. It emphasises early intervention to break down barriers to seeking help. Many young people in Ukraine have to deal with the traumas of war, loneliness and bullying. The headspace model contributes its expertise in how to make mental-health care approachable and effective.

The project also empowers Ukrainian young people by mobilising **local volunteers** and training staff from the NGO Voices of Children. Internships in Denmark for 15–20 young Ukrain-

ian volunteers will foster cross-cultural learning and strengthen mental-health services in both countries.

The headspace Ukraine initiative aims to offer stability and support for young people in conflict, improving mental health while also building resilience for the future. •



Donation from Sagitta Charity Foundation:
DKK 500,000 in 2024.

Photo: Genya Savilov/AFP/Ritzau Scanpix





It is the early support, without a long wait, that is key to helping young people get back on track with their lives – also in Ukraine.

Poul Nyrup Rasmussen, founder of headspace Denmark and former Prime Minister of Denmark



HEADSPACE

headspace offers free, anonymous counselling to young people aged 12-25 who are facing mental-health challenges. Their goal is to provide a safe, stigma-free environment where young people can speak openly and get the support they need.

For more information, collaborations or to donate, please contact:

ANNE-METTE NIELSEN
AMN@DETSOCIALENETVAERK.DK
HEADSPACE.DK



This donation from Sagitta Charity Foundation will allow us to support up to 200 children for a full year.

Erik Haumann, Director of the Secretariat, BROEN Denmark



BROEN DANMARK

BROEN Danmark works to ensure that children from financially disadvantaged families can participate in local community activities. They provide funding for sports and recreational pursuits, helping to create a sense of belonging and support. In 2023, BROEN helped 7,479 children and young people to find meaningful leisure activities through their local chapters across 33 municipalities.

For more information, collaborations or to donate, please contact:

ERIK HAUMANN
ERIK@BROEN-DANMARK.DK
WWW.BROEN-DANMARK.DK



Building Bridges for Young People: BROEN Danmark

Can we, as a society, allow ourselves to accept the fact that thousands of children are denied the possibility to form part of a community? Being part of a community has a significant impact for a child's ability to thrive.

Imagine standing outside looking in at all the fun the other kids are having as they play football, attend scouts or take dance classes, but you cannot join in, because your parents cannot afford the fees, the mandatory uniform or the gear you would need. BROEN Danmark is dedicated to giving children and young people the chance to be a part of local communities where they can **grow and thrive**. Through partnerships with municipalities and local clubs, BROEN ensures that kids are able to access activities such as sports, scouts, dance classes and theatre groups. These experiences connect them with their peers and positive role models, providing a sense of belonging which is crucial for their development.

BROEN's philosophy is simple – Every child deserves the opportunity to join in. They provide financial support to pay for membership fees and equipment, breaking down the

financial barriers that prevent participation. By working closely with local clubs and volunteers, BROEN ensures that every young person can be active and form part of a community.

Private donations are key to BROEN's success. 'All donations – big or small – mean a lot to us,' says Erik Haumann, Director of the Secretariat at BROEN Danmark. 'This donation from Sagitta Charity Foundation, for example, will allow us to support up to 200 children for a full year.'

These private funds also enable new BROEN divisions across the country to access other avenues of private and public funding, because they attest to a positive track record of helping local children when applying to other foundations or local municipalities. The ripple effect from this means that even more children will be able to experience the excitement of a new scout's uniform or playing in a football tournament with their friends. ●



Donation from Sagitta Charity Foundation:
DKK 500,000 in 2024



HIGH5GIRLS

High5Girls empowers young girls to explore the subjects of science, technology, engineering, and mathematics (STEM). They create opportunities for girls to work with technology and meet inspiring role models, with the ambition to boost their confidence and interest in STEM fields.

For more information, collaborations or to donate, please contact:

MARIANNE ANDERSEN
MA@HIGH5GIRLS.DK
HIGH5GIRLS.DK



Empowering Girls in STEM: High5Girls

Does your daughter dream of designing websites, solving technical problems, or becoming an engineer?

Many young girls have the talent and passion to do well in STEM (Science, Technology, Engineering, and Mathematics) but lack the encouragement, role models, or opportunities to explore these fields. High5Girls is here to change that. By creating **inspiring environments** in which girls can work hands-on with technology and meet role models, High5Girls is helping to pave the way for the next generation of women in STEM.

Hands-On Learning for Future STEM Leaders

Our donation has enabled High5Girls to launch their 'Gå til Science' after-school programme. This programme has provided 75 girls with the opportunity, free of charge, to attend

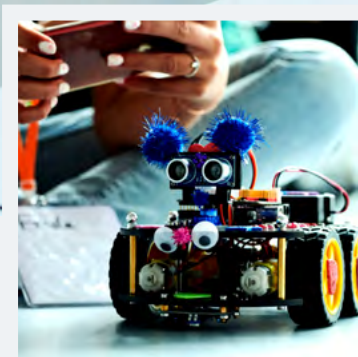
seven afternoons with High5Girls, where they work hands-on with technology alongside role models who use the opportunity to share their own journeys into tech and demonstrate that there are many paths to a career in STEM. 'We are proud of this new initiative,' says Marianne Andersen, Founder of High5Girls. 'It has been a long-standing ambition of ours to offer this programme, as we have seen a clear need for it among girls and their parents.'

High5Girls is making a positive change by offering young girls hands-on experience with technology, and by inspiring them to visualise a **future** for themselves in STEM fields. Their work helps build a more diverse and inclusive environment in technology, providing young people with the confidence and opportunity to realise their potential. •



It has been a long-standing ambition of ours to offer this programme, as we have seen a clear need for it among girls and their parents.

Marianne Andersen, Founder of High5Girls



Donation from Sagitta Charity Foundation:
DKK 300,000 in 2024



Dansk Folkehjælp

The back-to-school aid initiative (Skolestarts-hjælp) helps families provide their children with essential school supplies and clothing. Easing this financial burden ensures that children can start school confidently, with everything they need to feel prepared and equal to their peers. The donation from Sagitta Charity Foundation secured new school bags and something new to wear for their first day of school for 80 children, who were then able to walk into school on their first day with a sense of pride and excitement. •



Donation from Sagitta Charity Foundation:
DKK 200,000 in 2024



For more information, collaborations
or to donate, please contact:

MIRKA MOZER
MM@FOLKEHJAELP.DK
FOLKEHJAELP.DK



Mødrehjælpen

The holiday aid initiative (Feriehjælp) gives children from low-income families the chance to experience a memorable summer holiday. This donation ensures that these children can take part in activities that bring them joy and new experiences, despite financial challenges. The donation from Sagitta Charity Foundation has enabled 500 children to create summer memories that they were then able to share with their classmates when school started again. •



Donation from Sagitta Charity Foundation:
DKK 200,000 in 2024



For more information, collaborations
or to donate, please contact:

CAMILLA KØRVEL
CAK@MOEDREHJAELPEN.DK
MOEDREHJAELPEN.DK

Christmas spirit

The Christmas season is a stressful time for families with limited financial means. For this reason, Sagitta Charity Foundation has supported the following organisations in 2024: Fonden LivaPeople, Røde Kors, Dansk Folkehjælp and Mødrehjælpen. All of these organisations help individuals and families in need to make the sea-

son more festive, inclusive and memorable for children and adults by distributing food parcels, gifts and making other financial contributions. •



Donation from Sagitta Charity Foundation:
DKK 200,000 in 2024



The Danish Children's Brain Cancer Foundation (BHCF)

Each year, nearly 200 children in Denmark are diagnosed with cancer.

Brain cancer accounts for nearly 50 of these cases annually, making it the second most common form of cancer among children. Tragically, it is also the leading cause of death among children with cancer.

From 2024, the Danish Children's Brain Cancer Foundation (Børne Hjernecancer Fonden) will fund research into immunotherapy, an advanced treatment that utilises the body's immune system to fight cancer. This initiative aims to improve treatment options and enhance the quality of life for children with brain cancer and their families.

This donation marks an important step towards better outcomes and new hope in the fight against brain cancer in children. •



Donation from Sagitta Charity Foundation:
DKK 150,000 in 2024



For more information, collaborations or to donate, please contact:

INFO@BOERNEHJERNECANCER.DK
BOERNEHJERNECANCER.DK

Next-generation philanthropy

In 2024, the young philanthropists of Sagitta Charity Foundation have picked four causes that they want to support. All centred around children and young adults in need, the following three organisations have received donations:

SMILfonden – an organisation that arranges activities for children who are hospitalised and in need of distraction, outlets for their creativity and fun during the long days at the hospital ward.

The Danish National Center for Grief (Det Nationale Sorgcenter) – an organisation that provides one-to-one counselling to bereaved children and young adults

Save the Children (Red Barnet) – an organisation that combats bullying via multiple preventive initiatives as well as educational material for teachers.

Furthermore, a donation was also made to fund **research into wave-energy converters** which is being conducted at the Ocean and Coastal Engineering Laboratory at Aalborg University. •



Total donation from Sagitta Charity Foundation for these four initiatives:
DKK 200,000 in 2024



Addressing infertility by looking into treatments for men

Men are often overlooked in the discussion and treatment of fertility issues.

When it comes to infertility, focus is often placed on women, but men are equally a part of the equation. Studies show that male factors contribute to infertility in more than half of all cases. Yet most of the existing fertility treatments available are for women.

Male fertility is a growing concern, with declining sperm quality and lifestyle factors such as stress, diet and exposure to environmental toxins playing a significant role. Despite this, men are far less likely to receive the same level of care and intervention as women when struggling with infertility. This imbalance needs to be addressed to create effective, equitable solutions for couples trying to conceive, and to divide the burden of treatment more equally between men and women.

There is a need for **research** and **awareness** initiatives that focus specifically on male infertility. By focusing on scientific research and public outreach, we can better understand the challenges of male infertility and develop solutions that promote reproductive health for everyone involved.

Sagitta Charity Foundation is actively investigating different avenues for supporting research into this field. It is anticipated that donations will be in the beginning of 2025. •

Photo: Freepik



KVINDER I SUND OVERGANG

For more information, collaborations or to donate, please contact:

LASSE GLIEMANN
GLIEMANN@NEXS.KU.DK
KVINDER I SUND OVERGANG (KISO) –
KØBENHAVNS UNIVERSITET



Private donors bring a personal interest in the topic, which inspires and challenges us as researchers.

Lasse Gliemann, Deputy Head of the August Krogh Section for Human Physiology at Copenhagen University



Donation from Sagitta Charity Foundation:

DKK 15M over the course of five
years starting in 2024



Launching a new science hub to research and communicate findings on menopause

Menopause is a natural part of life that affects half the population, yet it remains under-researched and often overlooked. Many women face physical and emotional challenges, such as hot flashes, trouble sleeping and mood swings, which can impact their well-being and performance at work. For society, the cost is significant – menopause costs Denmark over 4 billion DKK annually in lost productivity, sick leave and increased healthcare expenses.

Societal Impact

Investing in better understanding and solutions for menopause benefits not just the women themselves but also their workplaces, families and the healthcare system. Supporting research and practical tools – such as awareness campaigns, guidance and treatment options – improves the quality of life for millions of women and improves their ability to contribute fully to society.

Inspiration for Change

Breaking taboos and generating awareness around menopause is an investment in equality and health. Private support, like that provided by the Sagitta Charity Foundation to KISO, plays a pivotal role in shining a light on this often overlooked phase of life. It's not just about research; it's about making a tangible difference for women, their families and society as a whole.

The donation to KISO serves two primary purposes: to **consolidate** and **share** existing knowledge and to support new research.

The first initiative focuses on centralising existing knowledge, identifying gaps in the research and disseminating findings through collaborations with healthcare professionals, a knowledge portal and public outreach initiatives. The second initiative aims to **generate** new research by building a national network of researchers, launching new studies and supporting follow-up research into an existing cohort of women already studied by KISO.

Lasse Gliemann, Deputy Head of the August Krogh Section for Human Physiology at the University of Copenhagen, leads KISO. He says: “Support from the Sagitta Charity Foundation has opened the door to a research field that has always struggled for funding. Their support is key to shedding light on this overlooked phase of women’s lives.”

An Investment in the Future

KISO is not just about collecting data. The goal is to create practical tools – educational materials, public campaigns and an online portal – that can be used by women, healthcare providers and society at large.

By uplifting women in menopause, we uplift society as a whole. It is time we prioritise this critical phase of life – for the benefit of women and the communities they help to shape. ●



SAGITTA
CHARITY
